

VIOLENCE RISK SCREENING - 10 (V-RISK 10)

Name:
Date of Birth:
SSN #:
Age:

The rater collects information about each of the ten risk factors on the V-RISK-10 checklist. Some examples of important scoring information are described under each item. Select the box to indicate the degree of likelihood that the risk factor applies to the patient in question:

No: Does not apply to this patient
Maybe/Moderate: Maybe applies/present to a moderately severe degree
Yes: Definitely applies to a severe degree
Does Not Know: Too little information to answer

Severe violence refers to physical attack (including with various weapons) towards another individual with intent to inflict severe physical harm. Yes: The individual in question must have committed at least 3 moderately violent aggressive acts or 1 severe violent act. Moderate or less severe aggressive acts such as kicks, blows, and shoving that does not cause severe harm to the victim is rate Maybe/Moderate.

Select One:

No Maybe/Moderate Yes Do Not Know

Verbal: Statements, yelling, and the like, that involve threat of inflicting other individuals physical harms. Physical: Movements and gestures that warn physical attack

Select One:

No Maybe/Moderate Yes Do Not Know

The patient has a history of abusing alcohol, medication, and/or other substances (e.g. amphetamine, heroin, cannabis). Abuse of solvents or glue should be included. To rate Yes, the patient must have and/or have had extensive abuse/dependence, with reduced occupational or educational functioning, reduced health and/or reduced participation in leisure activities.

Select One:

No Maybe/Moderate Yes Do Not Know

Whether the patient has or has had a psychotic disorder (e.g. schizophrenia, delusional disorder, psychotic affective disorder). See item 5 to rate personality disorders.

Select One:

No Maybe/Moderate Yes Do Not Know

Of interest here are eccentric (schizoid, paranoid) and impulsive, uninhibited (emotionally unstable, antisocial) types.

Select One:

No Maybe/Moderate Yes Do Not Know

This refers to the degree to which the patient lacks insight in his/her mental illness, with regard to for instance need of medication, social consequences or behaviour related to illness or personality disorder.

Select One:

No Maybe/Moderate Yes Do Not Know

The patient expresses suspicion towards other individuals either verbally or nonverbally. The person in question appears to be "on guard" towards the environment.

Select One:

No Maybe/Moderate Yes Do Not Know

The patient appears emotionally cold and without sensitivity towards others' thoughts or emotional situation.

Select One:

No Maybe/Moderate Yes Do Not Know

This assesses to which degree the patient him/herself has unrealistic plans for the future (inside or outside the inpatient unit). Is for instance the patient him/herself realistic with regard to what he/she can expect of support from family and of professional and social network? It is important to assess whether the patient is cooperative and motivated with regard to following plans.

Select One:

No Maybe/Moderate Yes Do Not Know

This evaluates the possibility that the patient may be exposed to stress and stressful situations in the future and his/her ability to cope with stress. For example (in and outside inpatient unit): reduced ability to tolerate boundaries, physical proximity to possible victims of violence, substance use, homelessness, spending time in violent environment/association with violent environment, easy access to weapons etc.

Select One:

No Maybe/Moderate Yes Do Not Know

OVERALL CLINICAL EVALUATION

How great do you think the violence risk is for this patient?

- Low Moderate High

Suggestion following overall clinical evaluation:

- No more detailed violence risk assessment
 More detailed violence risk assessment
 Implementation of preventive measures