

ADDS NEWSLETTER

Xylazine in illicit drugs



According to a recent report by the U.S. Food & Drug Administration, Xylazine, which is a sedative and pain reliever for livestock, is being added to fentanyl, heroin, and other illicit drugs. Unfortunately, Naloxone (Narcan) does not reverse the effects from Xylazine.

“Xylazine is FDA-approved for use in animals as a sedative and pain reliever. Xylazine is not safe for use in humans and may result in serious and life-threatening side effects that appear to be similar to those commonly associated with opioid use, making it difficult to distinguish opioid overdoses from xylazine exposure. However, we do not

know if side effects from xylazine exposure can be reversed by naloxone. Since we do not know if reversal agents regularly used in veterinary medicine (e.g., yohimbine hydrochloride, tolazoline hydrochloride) are safe or effective in humans, they should not be used.

FDA encourages health care professionals and patients to report adverse events in humans associated with possible illicit xylazine exposure to FDA’s MedWatch Adverse Event Reporting program.”

For more information, please read the full FDA report here -

<https://www.fda.gov/drugs/drug-safety-and-availability/fda-alerts-health-care-professionals-risks-patients-exposed-xylazine-illicit-drugs>



**SOUTHEAST IOWA HOLIDAY
DINNERS OPEN TO THE PUBLIC!**



**HHS Launches Naloxone Program
for Iowa Organizations, Businesses
and Schools**

The Iowa Department of Health of Human Services (HHS) has expanded access to life-saving Naloxone/Narcan to counter opioid/fentanyl overdoses to schools, businesses, and organizations.

“Since February of 2022, HHS has offered eligible organizations and businesses free naloxone nasal spray kits. Now, the program is expanding to include schools. The purpose of this initiative is to equip organizations, businesses and schools, in the event that their employees, agents, or volunteers encounter someone experiencing a suspected opioid overdose.

While the hope is there would never be a need for the use of naloxone, having this medication available as part of a first-aid response could save someone’s life. Eligible organizations,

Lee County

Thanksgiving Potluck – 11/24/22 at 12:00 PM, Acts 2:45, 605 Main Street, Keokuk. RSVP with Tracie at 319-795-0200 or with Tiffany at 319-470-3154.

Community Thanksgiving – 11/24/22 from 12:00 PM – 2:00 PM, Fort Madison Eagles Club, 4821 Ave. O #4, Fort Madison. Delivery and Carry-out, calls from 11/7/22 – 11/21/22 at 319-316-8103 to RSVP.

Keokuk Senior Citizens Christmas Dinner – 12/6/22 at 12:00 PM, First Christian Church, 3476 Main St., Keokuk. For Senior Citizens 60+. 319-524-2542 Ext. 3 for Reservations.

Henry County

Clark Elementary Cafeteria – 11/24/22 from 11:30 AM – 1:00 PM. 401 Walnut Street, New London. Open to anyone. Contact Annie Powell at 319-457-0110. RSVP if possible.

Community Thanksgiving Dinner – 11/24/22 from 11:00 AM – 1:00 PM. First United Methodist Church, 309 N. Main St, Mt Pleasant. Open to anyone. Reservations are preferred but not required. In-person, delivery (shut-in’s only), and carry-out. Contact Ruth Ann at 319-931-2287.

Louisa County

Morning Sun Community Center – 11/20/22 from 11:00 AM – 1:00 PM. 106 N. Main St., Morning Sun. Hosted by Community Betterment. Open to anyone. Asking for Goodwill donations if possible, but not required. Drive-thru or carry-out only.

businesses and schools, include but are not limited to: retail/convenience stores; libraries; public or nonpublic schools, community colleges, colleges, universities; restaurants; bars; community or social services organizations; event venues; and mobile service providers.

HHS’ State Opioid Response office was recently awarded \$9,083,075 per year for two years to provide treatment and recovery programs for an estimated 1,100 people. In addition, the program will provide prevention and harm reduction services to more than 11,000 people.”

For more information regarding this program, visit - <https://idph.iowa.gov/News/ArtMID/646/ArticleID/158470/HHS-Launches-Naloxone-Program-for-Iowa-Organizations-Businesses-and-Schools>



**COLLEGE FOOTBALL
PLAYOFF**



Problem Sports Gambling

Mayo Clinic Says Sports Gambling Is more than Entertainment

With the 2022/2023 NCAA Football Playoffs and Super Bowl LVII just around the corner, ADDS is putting a spotlight on problem sports gambling. With the ease of access of online sports betting, the United States has seen an explosion of addiction with sports gambling.

“The act of gambling has a powerful effect on the human mind. Wagering can create a compulsive dynamic, which rises to the level of impacting mental, emotional and physical health. As a process, addiction can literally change the way the brain operates leading to a real need for help. According to the Diagnostic and Statistical Manual of the American Psychiatric Association, a gambling disorder meets the criteria of persistent, recurrent problematic gambling behavior leading to clinically significant impairment or distress, as indicated by the individual exhibiting four or more of the following in a one-year period:

- Needs to gamble with increasing amounts of money in order to achieve the desired excitement.
- Is restless or irritable when attempting to cut down or stop gambling.
- Has made repeated unsuccessful efforts to control, cut back or stop gambling.
- Is often preoccupied with gambling (e.g., having persistent thoughts of reliving past gambling experiences, handicapping or planning the next venture, thinking of ways to get money with which to gamble).
- Often gambles when feeling distressed (e.g., helpless, guilty, anxious, depressed).
- After losing money gambling, often returns another day to get even (chasing one’s losses).
- Lies to conceal the extent of involvement with gambling.
- Has jeopardized or lost a significant relationship, job, or educational or career opportunity because of gambling.
- Relies on others to provide money to relieve desperate financial situations caused by gambling.”

To learn more about problem sports gambling, please visit - <https://www.mayoclinichealthsystem.org/hometown-health/speaking-of-health/dont-bet-on-it>





The ADDS family would like to wish a very happy Thanksgiving to everyone in Southeast Iowa!!!

Alcohol & Drug Dependency Services of Southeast Iowa

1340 Mt. Pleasant Street
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www.addsiowa.org

ADDs Lee County Office

928 Main Street
Keokuk, IA 52632
(319)-524-4397

ADDs Henry County Office

122 North Main Street
Mount Pleasant, Iowa 52641
(319)-385-2216

ADDs Louisa County Office

304 Highway 61 North
Wapello, Iowa 52653
(319)-523-8436

Nov.
17th

ADDs SOR team will be presenting on overdoses due to opioids/fentanyl at 6:00 PM at the Keokuk Homeless Alliance Community Meeting. This meeting is open to the general public. Attend in person at 3476 Main St, Keokuk, IA 52632, or you can attend via Zoom at - <https://us05web.zoom.us/j/89364743800?pwd=N3Ova2l3R2l1aVQvcTBzRVg5VncwQT09>
Meeting ID: 893 6474 3800
Passcode: D6QsU9

HAPPY 2022 THANKSGIVING



Dec.
12th

OSR Prevention Specialist Tristyn Foster will be presenting a monthly opioid/fentanyl overdose training including how to obtain and administer Naloxone/Narcan at 5:00 PM. This will be held at the Burlington ADDs office building located at 1340 Mt. Pleasant Street, Burlington, Iowa 52601. For any further information please contact Tristyn Foster at tfoster@addsiowa.org or 319-753-6567.